

MEDICINE CABINET

This is just a guideline for what you should have available at home. If you are experiencing any symptoms, please call your clinician. PLEASE DO NOT "SELF-MEDICATE"! Your clinician will tell you what to take (based on what you have on hand) and what dose. Remember, you can request to come in for a quick check, or your clinician may ask you to come to the office to be seen.

Echinacea Premium (liquid): good for most conditions associated with pathogens, such as colds, flu, sore throat, bronchitis; also works for asthma, lymphatic congestion

Calcium Lactate: use for fevers, infections, cramps, pain, headaches, cough, insomnia

Antronex: good for allergies, nasal congestion, sinus headaches (use "Sinus Congestion")

Thymex: use for acute infections (such as ear infections), as well as inflammation and allergic reactions

Multizyme and **Zypan**: always good to have on hand; may take for heartburn, nausea, allergies

Apple Cider Vinegar: use for ACV tea and ACV tent; can use on rashes, acne

WO Oil: excellent healing oil, good for rashes, acne, good for diarrhea, the flu, bug bites, sore throats

Cataplex ACP: good for fevers, inflammation, congestion, infections

Ligaplex I: use for acute ligament trauma/pain, such as sprains and strains

Congaplex: effective for congestion, bacterial/viral infections, fever, colds/flu

Zymex II: use for suspicion of parasites; also good for constipation or diarrhea, stomach ache, severe inflammation

Spanish Black Radish: drainage (parasitic, bacterial or fungal), constipation, diarrhea, and sinus congestion

Cataplex F perles: use for sunburn, muscle cramps

Fish Oil (Pro DHA, EFA, etc.): useful as a sleep aid

DV3: good for overall immune support

On Guard Essential Oil: immune system support; kills airborne pathogens; used for acute infections such as sore throats, cold, and sinus congestion

Purchase the entire product list and receive 30% off!

*Or purchase 8 or more of the above items at one time
and receive a 20% discount off your order.*

Please contact our front desk for item prices.